

Radiance

HOME CARE INSTRUCTIONS AFTER HYFRECATOR OR CRYOPEN TREATMENT

- Do not pick, scrub or disturb the treated area.
- Apply an antibiotic ointment or aquaphor as needed until the area is healed.
- Do not apply make-up after the treatment. If you are going back to work or you need to be out in public, please let us know and we would be happy to apply some mineral based makeup for you.
- No exercise for 24 hours after your procedure.
- Especially with the Cryopen, blistering can occur. **DO NOT PICK** the treated areas. Keep the area clean and keep applying an antibiotic ointment. Call us with any concerns.
- Please avoid hot tubs, saunas, and stay out of the sun for 48 hours including any type of tanning procedure.
- Please wear sun block of SPF 30 (Zinc and Titanium) on the treated area if you plan to be in the sun for the next 2 weeks. If you are out in the sun longer than 2 hours, please reapply your SPF every 2 hours to protect the area.
- If necessary, you may take Tylenol or Advil after the treatment. However, most people do not find this necessary.
- Over the next few days or weeks you may notice the area dry up, become brownish in color, and feel like a scab. **DO NOT** pick at this area. Please let the area naturally resolve. Do not apply products with active ingredients (glycolic acid or retinols) or use scrubs on area that is treated.
- **It is very important that you call us with concerns. Possible adverse reactions need to be reported to us immediately!** A follow-up for reactions will be necessary within 2 weeks of the treatment date. During business hours call 608-240-0088. After business hours call Taylor Hill, RN @ 608-575-1750 or Anne Pientka, RN @ 608-513-8699.

Skincare products that partner well with Hyfrecator & are available at Radiance:

- Hydraboost Serum~quenches dehydrated skin to impart a supple, smooth complexion and instant correction. A Staff Favorite!
- Radiance Advanced Antioxidant Repair~ features 90% polyphenol isolates to supply exceptional antioxidant protection, leading to a healthier and more youthful-looking complexion. A staff & client FAVE!
- SPF~ Sunscreen is always important to protect the skin & prevent damage that can show in the form of crepe skin, fine lines & more. Protect your investment!

Other Complementing Services to Consider:

- **HydraFacial**
<https://radianceskintherapy.com/skin-essentials/hydrfacial-madison/>
- **Chemical Peel**
<https://radianceskintherapy.com/skin-essentials/chemical-peels/>
- **Photorejuvenation: IPL**
<https://radianceskintherapy.com/skin-essentials/ipl/>

Basecamp & Botox

BASECAMP FITNESS **x** *Radiance*

309 Junction Rd | 608.716.3700 | basecampfitness.com

Exclusive offer for Radiance clients
Get **1 FREE MONTH** of classes here:

