

Lasemd Ultra Patient Post-Treatment Guidelines

- Patients may experience burning sensation for 1-4 hours immediately after the treatment. Cooling with an ice pack can provide relief to the treated area. Make sure to enclose the ice pack in sterile and dry gauze to prevent water from penetrating the tissue in the treated area.
- Keep the treatment area moisturized starting 24 hours after procedure (unless specified by your clinician). After the first day, gently wash and pat the skin gently dry for two days. Do not scrub the treated area. Moisturize daily. Usually, any crust will separate naturally within 5-7 days after the treatment.
- Please do not use skincare products which contain active ingredients such as Retinol or AHA after treatment without prior permission from your clinician. Often we want you to wait a minimum of 2 weeks before reintroducing these products.
- Avoid exercising for 24 hours post-treatment or until initial healing has occurred. Increased redness may result from any activity that increases blood flow or body temperature (e.g. alcohol consumption, exercise, and sauna).
- Avoid using cosmetics containing alcohol for at least 1 week after treatment.
- For at least 20 days after treatment, apply UV A/B sunblock daily with SPF of at least 30. Use an umbrella, hat or any other available protection against sunlight while spending time outdoors.
- **Make sure to schedule your follow-up or next appointment at 608-240-0088 or info@radianceskintherapy.com**
- **Please call immediately with any questions or concerns. During business hours call 608-240-0088. After business hours call Taylor Hill, RN @ 608-575-1750 or Anne Pientka, RN @ 608-513-8699.**

Moisturizer's that we love and recommend post LaseMD & are available at Radiance:

- Radiance Complete Complex \$104 ~ features Phyto Stem Cells and Peptides. Nourishes dry skin back to optimum health & supports barrier repair and lipid replenishment.
- EltaMD Silvergell \$24 ~ Anti-microbial gel that provides moist healing and protect against bacteria. Great for post-procedure skin!

- Radiance Hydraboost \$98 ~ Fractionated Hylaronic Acid Serum that helps restore hydration and prevent Trans-Epidermal Water Loss.

Other Complementing Services to Consider:

- **RF Microneedling** <https://radianceskintherapy.com/skin-essentials/genius-rf-microneedling/>

- **Fillers**

<https://radianceskintherapy.com/injectables/fillers-madison/>

- **Sculptra**

<https://radianceskintherapy.com/injectables/sculptra/>