

Radiance

LaseMD Ultra Home Care Instructions

- Patients may experience a heat/sunburn-like sensation for 1-4 hours immediately after the treatment. A cold compress can help with that sensation. Be sure to wrap it in a sterile, dry cloth to prevent any water getting onto the skin.
- Inflammation or swelling may occur post procedure. Some find antihistamines helpful to relieve that. This is a normal response, and it will often subside within the first 48 hours.
- Do not apply any products for the remainder of the treatment day. Day 1-2 post treatment, use only a gentle cleanser & Silver Gel. Do not apply any makeup on these days.
- Days 3-7 post treatment, use a gentle cleanser, apply an approved daily moisturizer, and a mineral SPF.
- Post treatment, please do not use, or reintroduce, skincare products which contain active ingredients such as Retinol or AHA for a minimum of 1 week unless otherwise specified by your treating clinician.
- Avoid exercise, sauna, or anything else that will increase redness or swelling for 24 hours post-treatment.
- Only mineral based makeup should be used days 3-7 following treatment.
- Continue using sun protection (spf with frequent reapplication, hat, etc) for at least 3 weeks post treatment when outdoors. Your skin will be sensitive to the sun for 2 months post treatment.
- **It is very important that you call us with concerns. Any adverse reactions need to be reported to us immediately.** A follow-up for reactions will be necessary within 2 weeks of the treatment date.

During business hours call or text 608-240-0088. After business hours call or text Taylor Hill, FNP at 608-575-1750 or Anne Pientka, RN at 608-513-8699.