



HOME CARE INSTRUCTIONS AFTER HYFERCATOR

- Do not pick, scrub or disturb the treated area.
- If the area is red and irritated the next day you should apply an antibiotic ointment or aquaphor.
- Do not apply make-up after the treatment. If you are going back to work or you need to be out in public, please let us know and we would be happy to apply some mineral based makeup for you.
- No exercise the day or night of your procedure.
- Please avoid hot tubs, sauna's and stay out of the sun for 48 hours and tanning booths after your treatment.
- Please wear sun block of SPF 30 on the treated area if you plan to be in the sun for the next 2 weeks.
- If necessary, you may take Tylenol or Advil after the treatment, however, most people do not find this necessary.
- Over the next few days or weeks you may notice the area dry up, become brownish in color and feel like a scab. DO NOT pick at this area, please let the area naturally resolve. Do not apply products with active ingredients or use scrubs on area that is treated.
- Please call our office with any questions or concerns at 240-0088 or 513-8699. Please remember to make your follow up appointment if needed.